



Least Restrictive



Most Restrictive

Type	Description
<b>Independent Living with no supports</b> (natural living setting)	
<b>*Respite</b>	Services provided on a short-term basis to relieve the individual’s family or other primary caregiver(s) from daily stress and care demands. Respite care may be provided in the individual’s home, a residential facility, a hospital, or a nursing home.
<b>Independent Apartment/Home with Supports</b>	Services can include Natural supports, Supportive Home Care (SHC), Community Supported Living (CSL), Self-Directed Supports (SDS), home modifications, Durable Medical Equipment (DME), assistive technology/Personal Emergency Response System (PERS), and RN services.  <small>*Respite can be utilized as an option to help maximize this support type.</small>
<b>Residential Care Apartment Complex (RCAC)</b> A Homelike setting where five or more adults reside in their own living units that are separate and distinct from each other.	Services include laundry, household cleaning, personal care, nursing services (wound care, medication management), and assistance in the event of an emergency. RCAC is not an option if Power of Attorney (POA) is activated (unless living there prior to move); can offer up to 28 hours of support per week.
<b>Adult Family Home (AFH)</b> Can vary between 1-2 bed or 3-4 bed  <b>1-2 bed:</b> a place in which the operator provides care, treatment, support, or services above the level of room and board for up to two adults. Services typically include supportive home care, personal care, and supervision.  <b>3-4 bed:</b> a place where three to four adults, who are not related to the licensee, reside and receive care, treatment, or services above the level of room and board, and may include up to seven hours per week of nursing care per resident.	Services for both AFH types include behavior and social support, daily living skills training, and transportation; however, not all provide overnight care but there would be asleep staff available in case of emergency.
<b>Community Based Residential Facility (CBRF)</b> A homelike setting where five or more adults, who are not related to the operator or administrator, reside and receive care, treatment, support, supervision, training, transportation, and up to three hours per week of nursing care per resident.	Some CBRFs do not offer overnight care, some may require daily minimum rate, upgrade fees, or to share a room with another resident. Services include personal care, supportive home care, daily living skills training, transportation, and an activity program.
<b>Nursing Home</b> A place where five or more persons, who are not related to the operator or administrator, reside, receive care or treatment and, because of their mental or physical condition, require access to 24-hour nursing services, including limited nursing care, intermediate level nursing care and skilled nursing services.	This may also include short-term rehabilitation. While placement in a nursing may be suggested it is typically not the least restrictive option available to meet needs.  If choosing long term placement in a nursing home and it is more restrictive than what is needed, Options Counseling may be pursued through the Aging & Disability Resource Center.

Family Care is committed to promoting community living and finding new ways to make sure the supports people with disabilities and seniors need to live in the community are available to them, so they may live with respect and dignity as full citizens of their communities. Family Care services do not replace care and assistance that natural supports, family, and friends provide.

The state of Wisconsin Contract for Family Care states residential services and/or nursing home services may only be authorized under the following circumstances:

- An individual's long-term care outcomes cannot be cost-effectively supported in an individual's home;
- When the individual's health and safety cannot be adequately safeguarded in an individual's home; or
- When residential care or nursing home services are a cost-effective option for meeting the individual's long-term care needs

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***Members will be responsible for their own room and board.***

***Individuals often use their own funds to move into a residential facility months or years before they qualify for Family Care. In some cases, individuals spend a significant amount of their own money at these facilities. This does not necessarily mean Family Care will pay for that facility when a person becomes eligible for Family Care.***

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If the individual is re-locating from a more restrictive setting to a lesser restrictive setting, the option for housing assistance through the means of housing counseling could be a resource. The housing counseling provider will aid in gathering housing applications, coordinating tours, and locating possible housing options.

**Family Care has two levels of care:**

- 1. Nursing home level of care** — if an individual meets this level of care, it means their needs are significant enough that they are eligible to receive a very broad set of services.
- 2. Non-nursing home level of care** — if an individual meets this level of care, it means they have some need for long-term care services, but they would only be eligible for a limited set of services.

**The Inclusa team will help guide the individual in discussing options and should be a part of the decision-making process as Inclusa is not contracted with all area providers.**

